



Pleasant Valley NUUS

Pleasant Valley Unitarian Universalist Church
1215 Main Street ● Garland, TX 75040
Telephone: 972.487.8760 ● WWW.PVUUC.ORG

Come celebrate the sacred circle of life with us

Vol. 2 No. 2

February 2002

Prez Letter:

I hope the New Year is treating you well.

I've been trying to think of ways to increase participation and membership in our church. I've been trying to think up ways to do this without taxing the people who are already doing so much of the work. So, I'm having a brain storming session this month to see what we can come up with, and to discuss what is actually feasible. If you would like to participate please contact me or just show up on Sunday, February 10, and we can all talk about it after church.

Hope to see a good turn out for this.

Laura Miller

VP's February Challenge:

First, a correction. In December I said I would commit to be at the church on the second and fourth Mondays. Unfortunately, as I am a busy college student, I can only positively commit to the second Monday. I'll still try to be there most of the other Mondays, but the Second is the only one I *promise* to be there. Please feel free to call or e-mail me if you would like to help out on *any* Monday.

OK, now to this month's challenge. For February, I challenge you to be patient. I've begun to notice that one of the greatest problems in this society is a great lack of patience. People speed and drive recklessly, just so they can get where they are going a few seconds faster. We grab fast food and gulp down our meals, so worried about the next thing we have to get done that we don't even taste it! These are just a few examples of how we rush about, forgetting to enjoy the simple things in life.

I came up with this challenge after reading a book called *Addictive Thinking* by Abraham J. Twerski. In his book, Twerski compares this "culture that values the delivery of service in seconds- e-mail, the Internet, and fast food restaurants" to the way an addict thinks: "Addicts are intolerant of delay for the sought after effect" (28). After reading the book, I began noticing this thought pattern everywhere. It seems we've all become accustomed, maybe even addicted to these instant highs, forgetting the long-term consequences of not enjoying the present moment.

So take some advice from recovery programs like AA: Live life "One Day at a Time", and remember, "Time takes time." Be patient with the other drivers on the road. Go out with a friend and *enjoy* your lunch, or dinner, or whatever. Take a deep breath and notice how beautiful the day is. Watch a sunset. Listen to some music. In other words, "Don't just do something, Sit there!"

Patrick T. Smith

Official Information

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Activities

Vacant

Facilitators 2001-2002

Full Moon Open Circle

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North Texas Pagan Men's Group

David Minesinger
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NTAUUS Representatives

David Minesinger

Vacant

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Last Lunches

November	Activities.
December	Worship.
January	R.E.
February	Finance.
March	Communications.

Last Lunch Clean Up

November	Worship.
December	R.E..
January	Finance
February	Communications.
March	Facilities.

Affirmation

Love is the spirit of our Church,
The quest of truth is its
sacrament,
And service is its prayer.
To dwell together in peace,
To seek knowledge in freedom,
To serve humanity in harmony
with the earth. Thus do we
pledge to one another.

Congregational Meeting

February 24, 2002

@ 12:15 PM

Agenda: Elect Nominating Committee

Special Service March 17, 2002

Consecration Ceremony.

Bring things that you want to donate to

the Church to make PVUUC yours.

Any questions contact Shannon Ader at

972-644-7617

Community Events

DRAGAONLAIR: Gather for Ritual at 7:30 pm. Ritual begins at 8:00 pm. Late admittance to rituals are not allowed. If you arrive late, please join us for feasting and fellowship afterwards. BYOB. Bring a snack, munchies or real food. Be eco-sensitive, bring your own cup. Be smart, have a designated driver.

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Telecom Corridor Area Pagan Networking Lunch

Thursday, December 6, 2001

Time: 11:00AM - 1:00PM

CST (GMT-06:00)

Come join other pagans - or pagan friendly folks - in the Telecom Corridor Area in Richardson. We meet at Cafe Brazil the 1st Thursday of each month. Table is under "Chris". This is a good chance to network, meet new people, and enjoy the company of friends. Time is 11 - 1 so people can come & go as their lunch hours permit.
Hope to see you there!

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PAGAN SOCIAL TIME!!!

A new and spiffy event for pagans! When: Every 13th of the month from 7-9 p.m. Why: Because we're crazy enough to want to! They have also said drums are fine, so bring them along as well! For further directions or info, please contact Pixie via email at pixie@myfirstlink.net, or phone at 817-640-2877.

A dozen musicians who work with A.R.T.S. for People will present free programs in the community room at Half Price Books, 5803 E. Northwest Highway in Dallas, on the first Saturdays in January, February, and March. Most of these musicians also play regularly in local and regional clubs when they aren't working with A.R.T.S. for People. Here's the schedule:

Saturday, Feb. 2

3-3:30 p.m.: Walker & Adams, contemporary duo

3:30-4 p.m.: Jevette, jazzy vocals

4-4:45 p.m.: ClarySage, eclectic, folk-based

4:45-5:30 p.m.: Michael Harrison, Celtic-based

Saturday, March 2

3-3:30 p.m.: Jessie Frank, standards from country to western

3:30-4 p.m.: Jim Atkinson, standards to contemporary

4-4:30 p.m.: Alma Squillante, high-energy, eclectic, folk based

4:30-5 p.m.: Betty Leeper, contemporary vocals to recorded music

5-5:30 p.m.: Brian Terrell, folk-based

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Feng Shui: Home Is Where The Heart Is A Six Part Series These classes provide an opportunity to learn the fundamental principles of Feng Shui. We will apply them to the space you choose to work with; your home, apt, office.

Yin/Yang theory - changing and unchanging principle of balance

Chi flow - how energy moves

The bagua - energetic map

space

Exterior and interior design features that affect energy flow

Cures and enhancements - corrections, adjustments

Five elements and color - using nature to strengthen or correct

Blessings and ritual - meditation & house blessing

Where: Lively Senior Center, 915 N. O'Connor, Irving TX 75061

972-721-2496

When: Tuesday evenings Jan. 29, Feb. 5, 19, 26, March 5.

Time: 6:30 PM to 8:30 PM

Cost: \$50 for the entire 6 class series!

Contact: Pat Davenport - 972-721-2496

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YOU ARE YOUR ENVIRONMENT.

The first step toward getting somewhere is to decide that you're not going to stay where you are.

Always be mindful that you're a product of your environment. So choose an environment that will best develop you toward your objective. Analyze your life in terms of your environment. Are the things around you helping you toward your success, or are they holding you back?

Recurring Events:

Full Moon Circle starting in November through Beltane full moon esbats will be presented by Ivy, High Priestess of the Ivy Spiral, a coven with the American Tradition of the Goddess (aka amtrad). For more info about Amtrad and/or the Ivy Spiral visit www.amtrad.org. These celebratory esbats are open to everyone. Newcomers, solitaires, and people of ALL faiths are welcome. You need not have any prior knowledge of Wicca to attend. All we require is respect for all participants, and that you honor our tradition by abstaining from alcohol prior to ritual. We hope you will join us. Gathering at 7:00 pm, ritual will begin *promptly* at 7:30, at which point you will not be allowed in, to avoid any interruption. For specific questions, please email Ivy directly at sydwitch@hotmail.com.

MYSTICAL EARTH CUUPS: This exciting group meets on the 3rd Wednesday of every month at 7:30 pm. Come Join Us! For further information contact David Blair at dblair1258@aol.com

PAGAN :-) TEA :-) ROOM :-)

The Pagan Tea Room is the 1st Friday of the month. It is a social time for gathering and sharing. PVUUC will provide the tea, cocoa and coffee. Ya'll please come and provide your stories, chants, drumming, games, a snack to share, byob. We have a nursery, play space for youngsters, area for a fire, CD player, piano, etc and an open door. I would like to see those interested in Spiral Scouts come share your interest. See you all about 7:30 till we want to go home. For further information contact Janice Ader at 972-231-2607 or Shannon Ader at 972-644-7617.

North Texas Pagan Men's Group: Meets the 1st and 3rd Mondays of the month at 7:30 pm. If you have any questions contact David Minesinger 214-766-8339.

Family Movie Night: This month Movie Night will return on the 16th. As always the evening will be a wonderful way to bond as friends and family. For more information, please contact Shannon Ader at 972-644-7617.

Clean-up day: Is the first Sunday of the month after services. Clean-up Day involves basic housecleaning so that our church looks presentable. If you have any questions contact Patrick Smith the Facilities Chairman.

Want to play a game? Dungeons and Dragons, that is. Or perhaps you would like to play Cyberpunk, or maybe even White Wolf's World of Darkness. Well, join us on Sunday 10/28 at 4:30 pm at Pleasant Valley UU Church to enter the world of the fantastic through Role Playing Games. Hosted by Christopher and Anne House.

THE INTEGRATORS: The Integrators meet at the church at 7:00 PM on the second Friday of every month. A program dealing with some aspect of the relationship between science and religion is presented. This is followed by friendly discussion and refreshments. The atmosphere is casual and relaxed. Visitors may participate as much or as little as they desire. Everyone is invited. Notices of the meeting are sent by email or regular mail to anyone asking to be placed on the mailing list.

St. Nick's Gnostics at 7:00pm. Study Gnosticism from the ancient Christian traditions & other traditions as well. We conduct Gnostic Vespers at 7:00 pm followed by a discussion group at 7:30 pm. Dress is casual. Contact David Blair for further information.

VP's Workdays: I'm opening my Monday workdays to everyone who wants to help. I try to be at the church from 4 PM to 8 or 9 PM every Monday. While I can't always make every Monday, I would like to make 2 Mondays a month the official VP's Workdays, when I *promise* to be there. So if you would like to work off your pledge, please feel free to meet with me on the second and fourth Mondays of the month between 4 and 8 PM.

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February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 Pagan Tea Room 7:30 pm	2 Work Day @ Church 10-4 DragonLair Open Ritual 7:30 pm
3 Minister Exchange. Guest Minister	4 North Texas Pagan Men's Group 7:30 pm	5	6	7 Telecom Corridor Area Pagan Networking Lunch 11 am to 1 pm	8 Intergrator's	9
10 Pot Luck Lunch Communications Committee 12:30 pm St. Nick's Gnostics 7:00 pm	11 VP Work Monday's 4 to 7:30 pm BOD 7:30 pm	12	13	14	15 Movie Night 7:30 pm	16 CMA Work Weekend
17 Newsletter Article's Due NTAUUS 3:30 pm	18 North Texas Pagan Men's Group 7:30 pm	19	20 Mystical Earth CUUPS 7:30 pm	21 Worship Committee @ 7:30 pm Finance Committee @ 8:00 pm	22	23 Work Day @ Church 10-4
24 Last Lunch	25	26	27 Full Moon Ritual Gather @7:00 pm Ritual @ 7:30 pm	28		

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